

March Pillar of the Month: **Trustworthiness**

How Do We Show Trustworthiness?

- Be honest
- Never take things that don't belong to you
- Be reliable – Do what you say you're going to do
- Have the courage to do the right thing
- Be loyal – Be a good friend, family member and student

Talk about it !

- We trust someone when we feel like they will not hurt us and they will be honest with us. Who can you trust? Why?
- Other people trust us when they feel like we will be honest, be a good friend and be caring. Do you think other people can trust you? Why?
- Why is trust so important in relationships?

Practice It !

As you read books or watch movies talk with your child about the characters who lose or gain trustworthiness. Could the characters have done something different? What did the characters do right?

Read About It !

- *Ruthie and The Not So Teeny Tiny Lie* by Laura Rankin
- *Howard B. Wigglebottom and the Monkey on His Back* by Howard Binkow
- *The Berenstain Bears and The Truth* by Stan & Jan Berenstain

