



Summer Meals at the Middle School

JULY BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		29 Mini Pancakes Kellogg's Eggo Bites	30 Banana Bread Tried and True Favorite	1 Cinni Mini
4 No Meals Independence Day	5 Cinnamon Roll	6 Mini Pancakes Kellogg's Eggo Bites	7 Banana Bread Tried and True Favorite	8 Cinni Mini
All Entrée Choices are Whole Grain Rich & No Artificial Colors or Sweeteners				
Breakfast includes an entrée, fruit, 100% fruit juice and milk				
11 Assorted Cereal Bars with Cheese Stick	12 Cinnamon Roll	13 Mini Pancakes Kellogg's Eggo Bites	14 Banana Bread Tried and True Favorite	15 Cinni Mini
18 Assorted Cereal Bars with Cheese Stick	19 Cinnamon Roll	20 Mini Pancakes Kellogg's Eggo Bites	21 Banana Bread Tried and True Favorite	22 Cinni Mini
25 Assorted Cereal Bars with Cheese Stick	26 Cinnamon Roll	27 Mini Pancakes Kellogg's Eggo Bites	28 Banana Bread Tried and True Favorite	29 Cinni Mini

Items Offered Every Day

Milk Choices:

Fat Free Chocolate
1% White

Entrée Choices:

Cheese Stick
Yogurt Cup
Cereal Bars
Pop Tarts

Granola Bar
Graham Crackers
Assorted Muffins
Sunflower Seeds

Fruit Options:

Fresh Fruit ~ Banana, Orange, Apple
Raisins or Craisins
100% Fruit Juice